

Fall Protection Checklist

This OSHA inspection covers general fall risk exposures. This is ideal for foreman and subcontractors on projects that expose workers to elevated working environments.

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1. Is there a written Fall Protection Program based on OSHA standards?	Yes	No	N/A	Comments
2. Is Fall Protection selected based on a hazard analysis of the planned work, known hazards and specific work location?	Yes	No	N/A	Comments
3. Fall protection systems are inspected in accordance with the requirements outlined in the Fall Protection Program.	Yes	No	N/A	Comments
4. Fall protection equipment is stored and maintained in accordance with the requirements outlined in the Fall Protection Program.	Yes	No	N/A	Comments
5. Aerial lifts are used in accordance with the requirements of the Fall Protection Plan and the Lifting Devices and Equipment Requirements.	Yes	No	N/A	Comments

6. Contractors and maintenance personnel are conducting activities involving portable ladders in accordance with site portable ladder requirements.	Yes	No	N/A	Comments
7. Are ladders maintained in good usable condition at all times?	Yes	No	N/A	Comments
8. Are ladders inspected frequently and are those ladders that have developed defects withdrawn from service for repair or destruction and tagged or marked as "Dangerous, Do Not Use?"	Yes	No	N/A	Comments
9. Are ladders properly stored when not in use?	Yes	No	N/A	Comments
10. Are employees using the ladders maintaining a 3-point contact/control while climbing the ladder?	Yes	No	N/A	Comments
11. Are workers at the edge of a well, pit, shaft, and similar excavation 6 feet or deeper protected from falling by guardrail systems, fences, or barricades, or covers?	Yes	No	N/A	Comments
12. Are scaffolds used at the work site designed and erected by a competent person?	Yes	No	N/A	Comments

13. Are scaffolds used at the work site inspected and tagged after erection and at least every 7 days thereafter by a competent person?	Yes	No	N/A	Comments
14. Are scaffolds erected on level footings capable of supporting the loaded scaffold. Ensure that legs, poles, frames, and uprights bear on baseplates and mud sills?	Yes	No	N/A	Comments
15. Are midrails installed approximately halfway between the toprail and the platform surface?	Yes	No	N/A	Comments
16. Are supported scaffold platforms fully planked or decked with scaffold-grade material?	Yes	No	N/A	Comments
17. Has each employee who works on a scaffold been trained by a competent person on hazards and procedures used to control hazards?	Yes	No	N/A	Comments
18.	Yes	No	N/A	Comments
19.	Yes	No	N/A	Comments